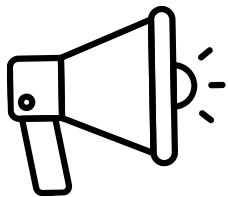


TYRRELL TIMES

June 27, 2025
Issue 020



UPCOMING EVENTS

Monday June 30

Year 10 work experience commences

Year 11 camp commences

Friday July 4

Last day of Term 2-

2.30pm dismissal

Monday July 21

First day of Term 3

Wednesday July 23

TIS Excursion Year 12

Tuesday July 29

Year 11/12 parent/teacher interviews

Term Dates

Term 1: 29 Jan - 4 April

Term 2: 22 Apr - 4 July

Term 3: 21 Jul - 19 Sep

Term 4: 6 Oct - 19 Dec

Purpose Statement & Values

To provide a safe, positive and challenging environment where everyone aspires to aim high and become responsible, caring and contributing community members.

Respect

Responsibility

Honesty

Aim High

Acknowledgement

We acknowledge the Wergaia peoples as the traditional custodians of the lands upon which Tyrrell College is situated. We pay our respects to their elders – past, present, and emerging – and we acknowledge their deep care of the lands we live on. We also acknowledge that for tens of thousands of years our First Nation's peoples have engaged in – and passed on – excellent teaching and learning practices on the spaces upon which our community members learn today.

PRINCIPAL'S REPORT

Dear Tyrrell College Community,

School Review

Our school review finished this week, with Monday and Tuesday being the final days. Over the past two weeks, reviewers spent time in classrooms and spoke with staff, students, and parents to learn more about what we do well and where we can improve.

After four days of observations and interviews, new goals have been created to guide Tyrrell College's next School Strategic Plan. These goals will help us keep improving teaching, learning, student wellbeing, and how we work with families. Once the plan is finalised, we will share it with our school community.

A big thank you to all the staff, students, and parents who took part in the review. Your time, ideas, and honesty were very important in helping shape the future of our school.

Bus Travellers

Just another reminder that now students have football, netball, and hockey training could parents please send a note in their child's diary if they will not be travelling on the bus. This will help ensure the bus roll is updated accordingly.

CSEF (Camps, Sports, and Excursions Fund) Funding Reminder:

2025 Applications for CSEF close on 4 July, if you are a holder of a Health Care Card, your child may be eligible for CSEF Funding. Eligible Primary students receive \$154 and Secondary students \$256. The CSEF provides payments to assist eligible families to cover the costs of camps, sporting activities, excursions and incursions. Payments are made directly to an eligible student's school. Schools must use a CSEF payment only for the eligible student or for that student's siblings. If you have a current Health Care Card, please provide a copy to the Front Office or contact them on (03 5070 2106) no later than the 1st July to allow time to process.

Have a great weekend.

Mr Craig Kelly

Acting Principal

SRG PINK DAY



SRC PINK DAY



On Friday June 20 Tyrrell College acknowledged Pink day, in order to raise awareness and funds to help support those suffering from breast cancer. Students and staff came to school adorned in pink from head to toe, and the canteen was decorated with pink balloons and streamers courtesy of the SRC.

At recess students rushed to the canteen to buy an array of sweet treats, cupcakes, slices, lollypops and biscuits. As well as bracelets, stickers, lolly pops and temporary tattoos, for them to enjoy. All the funds raised from this event and the gold coin donations will be donated to help fund breast cancer research and treatment throughout Australia.

A huge thanks goes to Ms Cook, and her SRC students for promoting the day and decorating the school in pink, the Parents and Friends Committee for providing the food for the recess bake sale, Mrs Durie for helping organise the food packs and Rashall for acquiring the memorabilia.

Written by Darcey Hodgson

FOAM-TASTIC ADVENTURE

Last week Foundation students participated in some messy play with foam. Messy play allows textures and materials to be moulded and flow through their hands and fingers. This type of play helps develop fine-motor skills. It is also great for building creativity skills as students use their imagination in order to create shapes, forms and objects in an exploratory way. Students practised their drawing skills in the foam and had lots of fun together.



Darwin/Singapore Camp



On 4 June 2025 the Darwin/Singapore camp students, parents and teachers showed their gratitude to the Woomelang Lions Club for their very generous donation towards their camp. The Lions Club were treated to a delicious feast of Asia inspired food followed by a presentation video and talk from some of the students. Thank you again to the Woomelang Lions Club for their support in enabling these students a once in a lifetime experience.



ART Class



Congratulations
to Tessa Allan on
her fabulous
work in Art.
Very creative!





VET

AG/HORT



Bethune Dairy Excursion

The VCE agricultural and horticultural students travelled to Bethune Dairy to view the dairy production system there. We are very grateful to Sally Bethune who took the time to discuss their silage and feed operation and annual production cycle, walked us through their dairy, explained strategies they have implemented for sustainability, ethical considerations and their venture into producing and marketing Bethune products. We were very fortunate to be gifted with boxes of their delicious Bethune products (chocolate milk, yoghurt and milk) to take back to Tyrrell College to hand out to other students. Sally was very passionate about the industry and was fascinating to listen to and we thank her for her time.

-Ms Kellie Matthews

SKATE FEST

Swan Hill

Curlewis Street Carpark
Synthetic Ice Skating Rink
5 - 20 July, 2025

[www.visitswanhill.com.au/play/
winter-wonderland/](http://www.visitswanhill.com.au/play/winter-wonderland/)



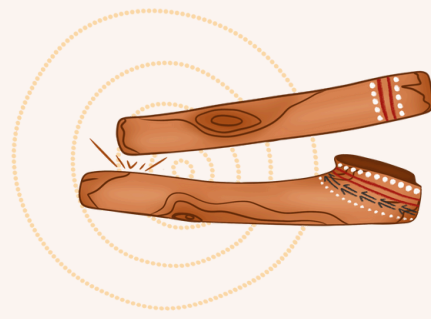
SCAN ME

Book your session
tickets today

PRESENTED BY:



Year 7 Message Sticks



In Humanities on Tuesday January 24, we learned about how the Australian Aboriginal people used to use sticks to show a form of speech; without using their voices. To make our own message sticks, we used small sticks from Ms. Cook's scrub out in her backyard, which we sanded after coming up with a small story with Aboriginal symbols that resonated with ourselves. We sketched out the story onto our sticks, then went over it in fine liner to finish, and finally set them on display.

-Charlotte Gallagher

HAPPY BIRTHDAY

Congratulations to the students who are celebrating a birthday this week.

Monday June 23- Mia Austerberry
Jacob Cox

Thursday June 26- Jack Hodgson
John Hooton



Taken

Friday June 20, 2025

MOMENTS

Foundation- Amelia
Grade 1/2- Winnie
Grade 3/4- Mayah
Grade 5/6- Evie
Year 7- Charlotte
Year 8- Seth.P
Year 9- Hamish
Year 10- Darcey
Year 11- Jada
Year 12- Jet



READING Awards

50 Nights:

Foundation- Eliza
Grade 1- Emma

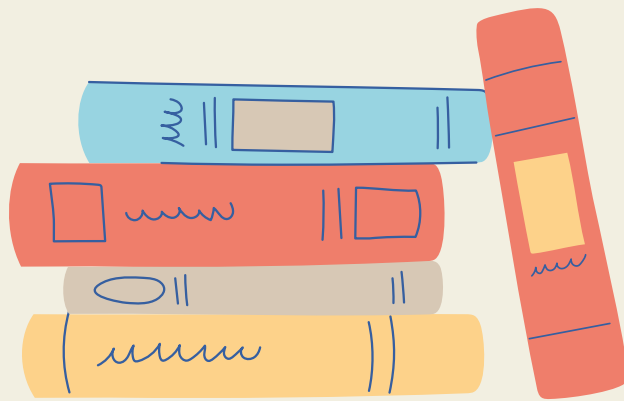
75 Nights:



Grade 3-Lucas
Grade 4-Charlotte

100 Nights:

Foundation- Violet
Grade 2- Will



Congratulations to these students and keep
up the great work!

Sleep....



The Importance of Sleep is Underrated.

Studies show and health recommendations state, that for children to grow and function at a healthy level they need quality unbroken hours of sleep with different hours required at different stages of life. World Health recommendations are that children through to adults need the minimum amount of sleep as follows:

3-5 yrs = 10-13hrs

7-12yrs = 9-11hrs

13-18yrs = 8-10hrs

18yrs + = 7-8hrs

A Government inquiry into sleep found that 'children who have, on average, three hours of screen time per day are more likely to have higher rates of poor sleep and poorer educational outcomes than children who spend less time in front of screens.'²⁴ The impact artificial light can have on sleep stating that 'exposure to artificial light, particularly in the blue area of the visual spectrum suppresses melatonin production and, in turn, causes sleep disturbance.'³⁸ The most common sources of 'blue rich lights are: laptops, televisions, computer monitors, cool white house lights and cool white outdoor lighting, particularly street lighting.'³⁹

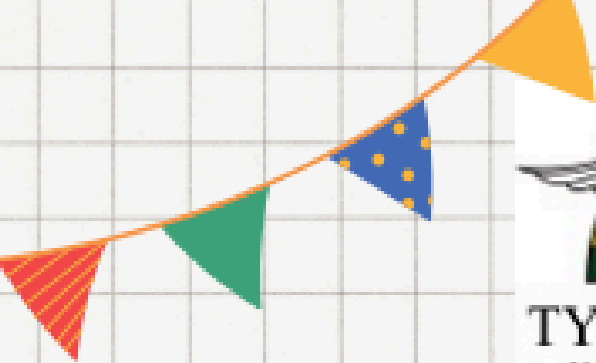
Teenagers need around 9 hours of sleep. HOW MUCH SLEEP IS YOUR CHILD HAVING?

The golden rules of sleep:

- Get up at the same time everyday.
- Exercise for at least 20 minutes per day (a walk at lunchtime is good)
- Turn off all technology 1 hour before bed
- Dim lighting in the room
- Have a warm-hot shower
- Do something to relax: read a book, breathing exercise
- Ensure that the bedroom environment is cool and comfortable
- Quiet
- Dark
- Absolutely no technology in the bedroom

-Carol Elliot- School Nurse





FOUNDATION 2026 COME AND TRY DAYS

Come along to experience our school, meet
our friendly staff and have some fun!

WHEN:

1. **FRIDAY 1ST OF AUGUST 9:30-11:00AM**
2. **FRIDAY 22ND OF AUGUST 9:30-11:00AM**
3. **FRIDAY 12TH OF SEPTEMBER 9:30-11:00AM**

Please bring a water bottle and a fruit
snack.



Contact our front office staff if your child
will be attending
(03) 50702106



Magic & Mysteries WINTER SCHOOL HOLIDAY ACTIVITIES



RIVER LIGHTS

RIVER LIGHTS

Friday 11 July – Sunday 20 July

Journey through the Pioneer Settlement at night and immerse yourself in an unforgettable light show experience. Ten nights only. Tickets from riverlights.com.au



VICTORIA
EVERY BIT DIFFERENT



PIONEER SETTLEMENT

School Holiday Activations

- Butter Making • Rope Making
- Pioneer School • Print Shop

River Lights Neon Pom Poms

Make your own neon 'glow in the dark' pom poms and come back at night for River Lights to see it glow!



Plus our Winter School Holiday Program!
Visit www.pioneersettlement.com.au

THE DANDY LION STUDIO

Crazy Critters

Wednesday 9 July, 10am – 11.30am & 1 – 2.30pm

Magic Hats

Thursday 10 July, 10am – 11.30am

A magician's necessity... Create your unique hat from a magic table of papers and craft goodies.

Magic Minibeasts

Friday July 11, 10am – 11.30am

Dali Long Legged Creatures

Wednesday July 16,

10am – 11.30am & 1 – 2.30pm

Pop Stick Puzzles

Thursday July 17, 10am – 11.30am



Bookings essential.
Visit dandylionstudio.net
or call 0493 686 549.

SWAN HILL LIBRARY

Glow & Go: Neon Jewellery Making

FREE • Friday 11 July, 2pm – 3pm

Join us for a fun-filled jewellery making session using bright neon beads and stretchy spaghetti string. Check out how your glowing necklaces and bracelets light up under a black light – the perfect accessories for a glowing night out! All materials provided – just bring your creativity! Suitable for children 4 – 12. Bookings essential.



Robinvale School Holiday Program

Monday 7 July – Saturday 19 July

Check the Robinvale Library's Facebook page or newsletter for more details on their School Holiday Program of exciting activities.

Library Outreach Holiday Program

- Tuesday 8 July: Gray Park, Lake Boga
 - Wednesday 9 July: Nyah West Park, Nyah West
 - Thursday 10 July: Manangatang Park & Mallee Gardens, Manangatang
- 11am – 1pm • FREE, all ages events.
Join in the magical fun. Pet rocks and Jack and the Beanstalk castles. All children to be actively supervised by an adult.



swan hill regional library

Lots more activities
all winter holidays!

Visit library.swanhill.vic.gov.au for more info.



SWAN HILL INC

SkateFest

Saturday 5 July – Sunday 20 July

A pop-up synthetic ice skating rink takes over Curlewis Street, bringing icy fun and family-friendly vibes to the CBD.

Scan the QR code to book online.



SWAN HILL TOWN HALL

Dinosaur Time Machine

\$18 – \$25 • Saturday 12 July, 1pm and 6pm

Learn about the ancient world of dinosaurs. Take a trip in a giant time machine and get up close and personal with a life sized T-Rex. Two adventurous performers use science, circus, puppetry and imagination to give you a glimpse into history. Recommended age: 3–9 years.



Bookings essential.

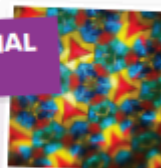
Visit swanhilltownhall.com or call 5036 2384.

SWAN HILL REGIONAL ART GALLERY

Discover the wonders of the Kaleidoscope

Thursday July 10, 10.30am – 11.30am

Learn about how kaleidoscopes work and then assemble and decorate your own to take home.



All workshops are delivered at the Swan Hill Regional Library by local artist Robyn Patterson, for primary school aged children. Cost is \$5 per child or free with a Gallery Family Membership.



SWAN HILL REGIONAL GALLERY

Bookings essential – 5036 2430.

For more workshops visit
www.swanhillregionalartgallery.com.au



Scan the QR code

for more great Winter School Holiday Activities on the Swan Hill Rural City Council website!



Our September School Holidays theme is "Scavenger Hunt"!

Want to get involved or feature your event or activity? Email us at marketing@visitswanhill.com.au to find out how you can be part of the fun.



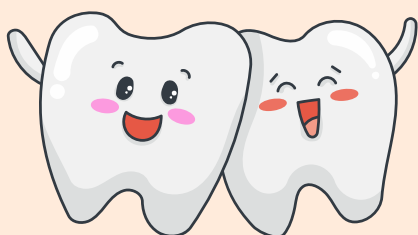
Hello Tyrrell College,

The Smile Squad team from RFDS have now completed their visit at our school.

If anyone in your family returned their consent form but didn't get seen, or require further appointments, it's not too late.

You can visit Mallee Track Health and community Service at their community dental clinic. Please contact the team at any time to book an appointment. Just let them know you signed up to Smile Squad and have returned a consent form. This is a free service.

Contact the team at:
Mallee Track Health and Community Service
Britt Street
OUYEN
3490
Phone: 5092 1121
Fax: 5092 1123



SCHOOL HOLIDAYS SORTED



PLAY

4 - 7 YEAR OLDS

A safe and fun program led by experienced AFL coaches, your child will learn basic footy skills, and enjoy mini-games, all while experiencing NAB AFL Auskick in a supportive environment, leaving with big smiles and a day of Good Clean Fun!



8 - 12 YEAR OLDS

Get a taste of NAB AFL Superkick, with a mix of skill development, modified game play. See their confidence grow in a supportive environment where buddies, mud & fun collide!



Swan Hill School Holiday Program
Wednesday 9th July at Swan Hill Rec Reserve
9am to 3pm - \$55 which includes a football
A day of footy fun!



LONGEREONG COLLEGE

OPEN DAY

**SUNDAY
AUGUST 10TH
10AM-4PM**



REGISTER TODAY

See first-hand the 'Life at Longy' experience.

**EXPLORE
AGRICULTURE
STUDY OPTIONS**

**VIEW OUR
OUTSTANDING
FACILITIES**

**MEET OUR
FRIENDLY
COMMUNITY**

CULTIVATING CAREERS IN AGRICULTURE

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