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VOLUME 6 MARCH 15, 2024

College Calendar

Tuesday March 19

Harmony Day Celebrations

Friday March 22

Foodbank Fun Run

Tuesday March 26

Parent teacher interviews

Thursday March 28

Last day of Term 1

Monday April 15

First day of Term 2

Purpose Statement & Values

To provide a safe, positive and challenging environment where everyone aspires to aim high and become responsible, caring and contributing community members.

Respect

Responsibility

Honesty

Aim High

Term Dates

Term 1: 31 Jan - 28 Mar 2024

Term 2: 15 Apr - 28 Jun 2024

15 Jul - 20 Sep 2024 Term 3:

Term 4: 7 Oct - 20 Dec 2024

Acknowledgement

We acknowledge the Wergaia peoples as the traditional custodians of the lands upon which Tyrrell College is situated. We pay our respects to their elders - past, present, and emerging – and we acknowledge their deep care of the lands we live on. We also acknowledge that for tens of thousands of years our First Nation's peoples have engaged in - and Next term there will be a Pupil Free Day on passed on – excellent teaching and learning practices on the spaces upon which our community members learns today.

PRINCIPAL'S REPORT

Dear Students and Families,

Time to Reflect

We've had a terrific start to the year!

Our focus on student attendance is showing signs of improvement with our students missing fewer days of school, when compared with last year. The excellent Alan Coffey NAPLAN participation rates demonstrate this too.

Our new staff have been valuable additions to our teaching and learning team and are already building excellent relationships with students, parents and other staff. There have been several new activities and opportunities which have enhanced the programs we already have.

Next term, six of our Year Nine class will attend the School for Student Leadership Alpine School Campus at Dinner Plain. It will be exciting to hear about their experiences once they return, after nine weeks away.

Thanks again to everyone who has continued to support us in the important work we do.

A Few Reminders

Thanks everyone for your support of our team at Tyrell College this term. Term one concludes on Thursday March 28 at 2:30pm as Friday March 29 is Good Friday.

Friday April 26 as the Thursday is the ANZAC Day public holiday.

Congratulations Danni Ryan

Chaminda Ranasinghe, the CEO of RMIT, presented Danni Ryan with a Creative Counsellor Award. Congratulations Danni! (More information on page 4)

Principal

Tyrrell's Wild Side!



! Trudy spending time with our new enrolment "Tiny Tim" I the stumpy

Year 7 Retreat



The Year 7 Retreat day was held on Thursday February 29, following its postponement from the week before due to extreme weather. The Retreat is an integral part of our student wellbeing program with students spending the day at Green Lake participating in a range of activities designed to build a cohesive class unit, as well as learn to work as a team and follow instructions. Students learnt POOCH problem solving and coping skills developed by Kids Helpline, along with a little more about their peers. Students participated in a range of mental health and wellbeing activities, also learning about the welfare and support staff available for access within the school. A key element of the day was the water-based activities where students learnt new skills under the guidance of Mr Griffiths and his Year 10 Sport and Rec students. The Year 7's worked on developing new skills mastering a paddleboard and working as a team. It also highlighted those still developing their listening and coordination skills. A big thank you to Mrs Fiona Wright, Ms Kat Oliver and Jac Borlase for their assistance on the day, as well as Mr Griffiths and his Year 10 students.

Carol Elliot-School Nurse



ear 8 Outdoor Ed Cam

Throughout Term One the Year 8 Outdoor Ed class had been preparing for their overnight camp at Green Lake. Students had to prepare their menu planners which consisted of a list of foods they needed for every meal. On Monday 4 March they had the opportunity for a practice run cooking their main meals on the Trangia Stoves (light weight stoves).

On Thursday 7 March, the Year 8 students loaded the bus and travelled out to Green Lake ready for an action packed 2 day experience. As soon as we got off the bus, students began setting up their tents. Most groups worked well together and were able to get their tents set up quite well.

The first activity was canoeing/kayaking. Students demonstrated how to raft up as a group and manoeuvre their raft in different directions. We played some games where students had to climb from one canoe across the raft to another canoe. This required excellent team work skills. We then played some relay games where students had to paddle out to rescue team members from the water. After some very close relays, students then attempted the capsize activities. This requires one canoe deliberately tipping over. Another canoe must come in to rescue, which requires students lifting and dragging a canoe full of water up and over another canoe. The canoe must then be rolled over and placed back into the water and students must climb back up into the canoe. This exercise requires high levels of team work and communication skills.

After lunch we began our skiing session. Students alternated from knee boards, wakeboards, wakeskates, skis and the crash mat. All the students worked really well together and helped support those who may have been having difficulties.

Tea time consisted of students preparing their own meals. They cooked a range of meals such as fried rice, pasta dishes, chips. Some meals were more successful than others. After wash-up, some students decided to watch the football on Mr Griff's TV. After this they went for a night-time walk before heading to bed.

For breakfast, students prepared a range of meals such as French toast, eggs, waffles and cereal. After wash-up students participated in more canoeing and waterskiing activities. It was then time to pack away tents and load the bus ready for home. A huge thanks goes to Steph and Tarsh for helping out on this camp.

Mr Kerrin Griffiths













Congratulations Danni Ryan

Chaminda Ranasinghe, the CEO of RMIT, presented Danni Ryan with a Creative Counsellor Award. This award recognises an individual who uses creativity and ingenuity to guide students towards their chosen career paths. We are very proud and excited for Danni who has shown continuous, unwavering support, dedication and passion for our students over the last 15 years. Danni has been instrumental in helping our senior students find and achieve their career goals. We are very proud and congratulate Danni on this well deserved recognition of her tireless efforts with our students.







Year 12 student Paige, learning to assist in catering including preparing and serving food, through volunteer work for the **Sea Lake Nandaly Tigers Football, Netball and Hockey Club** at a recent farm auction. Many thanks to Selina for organising this for Paige to participate in. Well done Paige!



LODDON MALLEE REGION SWIMMING

On Tuesday, six of our students attended the Loddon Mallee Region event in Swan Hill, representing Tyrrell College and the Mallee Division in five swimming events.

Zaida Tait was first to take to the pool, swimming breaststroke, followed by Nate McClelland with butterfly. Cooper Kelly and Nate McClelland also competed in their respective backstroke events. Each of these students swam competitively in their events, placing within moments of medal winners.

The day concluded with the 14 year boys freestyle relay, where Cooper Kelly, Oscar Conlan, Coby Wight and Ryder Newick swam a great race against six other teams from the region.

Each of the six students who attended, should be extremely proud of their achievement, both qualifying and representing the Mallee Division at this event.

Mrs Kelly Hannig











| Foundation/Grade 1: Tessa

Grade 2/3: Mia

Grade 4/5: Flynn

Grade 5/6: Darcy. S

Year 7: Ali-Jane

Year 8: Tehlia

Year 9: Ashlea

Year 10: Jada

Year 11: Rachael

Year 12: Paige

08.03.2024





Happy Birthday to the following students who have celebrated birthdays this week:

> March 10- Miley Maung Lucas McInerney March 14- Oscar Conlan Ewan Conlan



Breakfast Club



MONDAY 18 MARCH - CROISSANTS

TUESDAY 19 MARCH - CINNAMON SCROLLS

Wednesday 20 March - Toast, Raisin Toast, Yoghurt, Fruit & Banana Smoothies (Lactose Free available)

THURSDAY 21 MARCH - PANCAKES (GLUTEN FREE AVAILABLE) & CARAMEL MILKSHAKES

Friday 22 March - Hashbrowns & Spaghetti on Toast



Tyrrell college

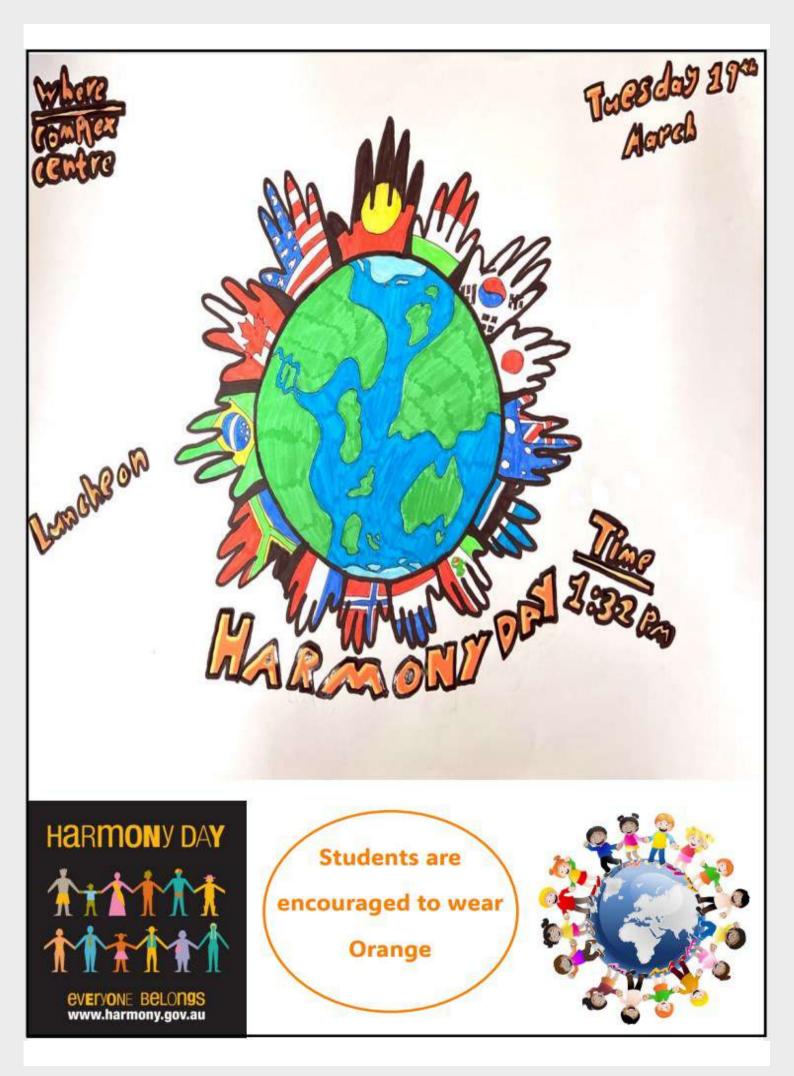
Parents & Friends Committee

Parents and Friends Committee Would like to thank all parents/carers and students for the Wonderful Donations of Easter eggs for the fundraising raffle. The raffle will be drawn at the foodbank fun Run at Tyrrell college on Friday March 22.

We appreciate your ongoing support!









Parent Letter

Hi Tyrrell College families,

Our School Fun Run is coming up in just two weeks! Thank you so much for your support so far.

It's not too late to create a profile or start fundraising. Just jump on www.foodfight.com.au to get started.

The greatest part of the event is if you are unable to donate yourself, you can share the link with trusted family, friends and colleagues.

Event Details:

Date: March 22nd

Time: 1.30pm

Location: Tyrrell College

What to bring:

- White t-shirt
- Old runners
- Shorts that can be coloured
- Water bottle
- > Towel
- Change of clothes

We are so excited to see all the HAPPY KIDS & PROUD PARENTS on event day!

Thank you from

Selina Cox

Breakfast Club Co-ordinator

Mosquitoes



Worried about pesky mosquitoes?

Do you feel like you're a mosquito magnet at social gathering? Do you feel like you are always the one asking "is anyone else getting bitten!?"

If you can relate, I don't know how to say this, but amongst other things, it could be our body odour that's to blame.

Mosquitoes stalk us for our blood for a number of reasons.

They can detect the carbon dioxide we breathe out. Conveniently, they like to drink blood from organisms with a body temperature of 37 degrees Celsius.

Studies also show mosquitoes love cheese (relatable), particularly limburger, a semi-soft cow's milk cheese with a suuuper strong smell caused by the bacterium *Brevibacterium linens*.

And guess where else Brevibacterium linens shows up and kicks up a literal stink?

Your feet!

It is harmless bacterium found on the skin, and normally doesn't produce much of a smell. However, when our feet are warm and moist, these bacteria start eating compounds in the sweat we produce and leave behind a *very* pungent scent.

This could explain why you sometimes have more mosquito bites on your ankles. It is just the mozzies trying to get close to your smelly feet.

So, the long and short of it is; wash your feet if you don't want to be scratching and slapping all night long. (Source-Health and Wellbeing ABC iview)

Don't forget to cover up and use insect repellent around water areas especially at dawn and dusk. Keep undergrowth cut back and lawns trimmed to reduce the amount of moist, dark areas for them to access and congregate.



COVID-19

Covid is still active widely across Victorian communities. While isolation is no longer a legal requirement the following is the Dept of Education recommendation Management of COVID-19 in schools

It is recommended that staff members, students or visitors who have symptoms of cold, influenza or COVID-19 undergo testing for COVID-19. Parents of symptomatic students should be asked to collect their child from school and keep them home until they are no longer symptomatic.

The Department of Health recommends that staff and students who test positive for COVID-19 isolate for a minimum of 5 days and do not attend school until their symptoms resolve. If well enough, students should be supported in the same way as students with an extended absence due to illness or injury, with learning material provided to support their continued learning.

The Department of Health also recommends that masks should be worn by a person who:

1. is a close contact of someone who has tested positive for COVID-19 when leaving home

has COVID-19 for at least 7 days after a positive test when they need to leave home.

If families need assistance with face masks please contact your schools.

Carol Elliot- School Nurse



Tempy Colour Run!

Sunday, 17th of March 10:00 am

at Tempy Football Ground \$5 entry (cash only)

-Raffle

-Facepaint

-BBQ gold coin donation, with drinks available.

Bring a white t-shirt and sunglasses!

All proceeds made will go to:

Pomonal Bushfire Recovery.

Volunteers needed.

All ages welcome!

For enquires, contact Marissa at 0438159638 or

046128105

Register online at

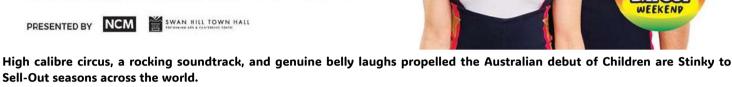
https://www.surveymonkey.com/r/WGMF8K8
If you cannot make it on the day but wish to
make a donation, donations of any amount
can be dropped into Tempy Primary School
Office





Sunday 7 April 10.30am

TICKETS Online: swanhilltownhall.com Swan Hill Town Hall Bookings Office: 5036 2384 Swan Hill Region Information Centre: 1800 625 373



Sell-Out seasons across the world.

This is a show to be seen. Suitable for ages 3-12. Innovative stagecraft combined with mischievous fun have wowed reviewers and audiences alike with their focus on high skilled acrobatics and entertaining circus mix with a fun accessible narrative.

Children are Stinky challenges children to step on stage and prove themselves worthy, smart, coordinated, and imaginative against these ridiculous circus performers resulting in wonderful interaction and an audience of proud kids and parents.



Snowy and the seven cool dudes - promotes healthier eating and exercise

Snowy and the seven cool dudes

Saturday 6 April 2pm

Based on the book by the same name - Snowy and the seven Cool Dudes - Written by A.J Bailey and Illustrated by Ziggy Moskwa

Snowy is becoming more beautiful every day and The Wicked Queen is not happy!

She has decided to send Snowy away, to get rid of her, once and for all.

The Magic Mirror has warned The Queen this is a huge mistake – Snowy is beautiful on the inside and the outside- everyone loves her.

The Queen isn't listening and orders The Hunter from the Palace to take Snowy into the forest and leave her there... forever!

Meanwhile, the Cool Dudes have decided it's time they started making healthier food choices and doing some exercise.